APPENDIX J



Employee Claim State of New York - Workers' Compensation Board

Fill out this form to apply for workers' compensation benefits because of a work injury or work-related illness. Type or print neatly. This form may also be filled out on-line at www.wcb.ny.gov.

| | CB Case Number (if you know it): | | | |
|----|--|--|--|--|
| A. | YOUR INFORMATION (Employee) 1. Name: | | | |
| | 3 Mailing address: | | | |
| | 4. Social Security Number: 5. Phone Number: 6. Gender: Male Female | | | |
| | 7. Will you need a translator if you have to attend a Board hearing? Yes No If yes, for what language? | | | |
| B. | YOUR EMPLOYER(S) | | | |
| | 1. Employer when injured: 2. Phone Number: () | | | |
| | 3. Your work address: | | | |
| | 4. Date you were hired:/ 5. Your supervisor's name: | | | |
| | 6. List names/addresses of any other employer(s) at the time of your injury/illness: | | | |
| C. | 7. Did you lose time from work at the other employment(s) as a result of your injury/illness? Yes No YOUR JOB on the date of the injury or illness | | | |
| | 1. What was your job title or description? | | | |
| | 2. What types of activities did you normally perform at work? | | | |
| | 3. Was your job? (check one) | | | |
| | 4. What was your gross pay (before taxes) per pay period? 5. How often were you paid? | | | |
| | 6. Did you receive lodging or tips in addition to your pay? Yes No If yes, describe: | | | |
| | YOUR INJURY OR ILLNESS | | | |
| | 1. Date of injury or date of onset of illness:/ 2. Time of injury: AM PM | | | |
| | 3. Where did the injury/illness happen? (e.g., 1 Main Street, Pottersville, at the front door) | | | |
| | 4. Was this your usual work location? Yes No If no, why were you at this location? | | | |
| | 5. What were you doing when you were injured or became ill? (e.g., unloading a truck, typing a report) | | | |
| | 6. How did the injury/illness happen? (e.g., I tripped over a pipe and fell on the floor) | | | |
| | 7. Explain fully the nature of your injury/illness; list body parts affected (e.g., twisted left ankle and cut to forehead): | | | |
| | | | | |

| YOUR NAME: | MI Last | DATE OF INJURY/ILLNESS:/ |
|--|--|---|
| D. YOUR INJURY OR ILL | | |
| 8. Was an object (e.g., forkl | ift, hammer, acid) involved in the injury/illness? \qed Yes | No If yes, what? |
| 9. Was the injury the result | | Yes No ense plate number (if known): |
| If your vehicle was involved | ved, give name and address of your motor vehicle insurar | nce carrier: |
| 10. Have you given your emp | oloyer (or supervisor) notice of injury/illness? | □ No |
| If yes, notice was given to | 0: | ly in writing Date notice given:// |
| 11. Did anyone see your inju | ry happen? Yes No Unknown If yes, list i | names: |
| E. RETURN TO WORK | | |
| 1. Did you stop work becau | se of your injury/illness? | //_ No, skip to Section F. |
| 2. Have you returned to wo | rk? | / |
| 3. If you have returned to w | ork, who are you working for now? | r New employer Self employed |
| 4. What is your gross pay (t | pefore taxes) per pay period? | How often are you paid? |
| F. MEDICAL TREATMEN | IT FOR THIS INJURY OR ILLNESS | |
| 1. What was the date of you | ur first treatment?/ Non | ne received (skip to question F-5) |
| 2. Were you treated on site | ? Yes No | |
| 3. Where did you receive yo | our first off site medical treatment for your injury/illness? Clinic/Hospital/Urgent Care | ☐ none received ☐ Emergency Room ☐ Hospital Stay over 24 hours |
| Name and address wher | re you were first treated: | |
| | | Phone Number: () |
| Are you still being treated Give the name and addre | d for this injury/illness? | |
| | | Phone Number: ()_ |
| 5. Do you remember having | g another injury to the same body part or a similar illness? | |
| | by a doctor? Yes No If yes, provide the nND FILE FORM C-3.3 TOGETHER WITH THIS FORM: | ames and addresses of the doctor(s) who treated |
| | | |
| | Ilness work related? Yes No for the same employer that you work for now? Yes | □ No |
| | r benefits under the Workers' Compensation Law. My sign | |
| | y and with INTENT TO DEFRAUD presents, causes to be property an insurer, or self-insurer, any information containing a UILTY OF A CRIME and subject to substantial FINES AND IN | resented, or prepares with knowledge or belief that it any FALSE MATERIAL STATEMENT or conceals any MPRISONMENT. |
| | Print Name: | |
| | Print Name: Print Name: | |
| I certify to the best of my knowledg matters asserted above have evider | ge, information and belief, formed after an inquiry reasonable untiary support, or are likely to have evidentiary support after a re | under the circumstances, that the allegations and other factual easonable opportunity for further investigations or discovery. |
| | e (if any): | |
| | | |
| ID No., if any: R | If Licensed Representative, License No.: | Expiration Date:// |



Limited Release of Health Information (HIPAA)

State of New York - Workers' Compensation Board

C-3.3

WCB Case No. (if you know it):

To Claimant: If you received treatment for a previous injury to the same body part or for an illness similar to the one described in your current Claim, fill out this form. This form allows the health care providers you list below to release health care information about your previous injury/

Claim, fill out this form. This form allows the health care providers you list below to release health care information about your previous injury/ illness to your employer's workers' compensation insurer. The federal HIPAA law (Health Insurance Portability and Accountability Act of 1996) says you have a right to get a copy of this form. If you do not understand this form, talk to your legal representative. If you do not have a legal representative, the Advocate for Injured Workers at the Workers' Compensation Board can help you. Call: 800-580-6665.

To Health Care Provider: A **copy** of this HIPAA-compliant release allows you to disclose health information. If you send records to the employer's workers' compensation insurer in response to this release, also mail copies to the Claimant's legal representative. (If no legal representative is listed below, send copies to the Claimant.) Health care providers who release records must follow New York state law and HIPAA.

This release is:

- Voluntary. Your health care provider(s) must give you the same care, payment terms, and benefits, whether you sign this form or not.
- Limited. It gives your health care provider(s) permission to release only those health records that are related to the previous illness/condition you describe below.
- Temporary. It ends when your current claim for compensation is established or disallowed and all appeals are exhausted.
- Revocable. You can cancel this release at any time. To cancel, send a letter
 to the health care provider(s) listed on this form. Also, send a copy of your
 letter to your employer's workers' compensation insurer and the Workers'
 Compensation Board. Note: You may not cancel this release with respect to
 medical records already provided.
- For records only. It gives your health care provider(s) listed on this form
 permission to send copies of your health care records to your employer's
 workers' compensation insurer.

This form does NOT allow your health care provider(s) to release the following types of information:

- HIV-related information
- Psychotherapy notes
- Alcohol/Drug treatment
- Mental Health treatment (unless you check below)
- Verbal information (your health care providers may not discuss your health care information with anyone)

Any medical records released will become part of your workers' compensation file and are confidential under the Workers' Compensation Law.

| A. | YOUR INFORMATION (Claimant) | | |
|----|--|---|--|
| | 1. Name: | 2. Social Security Number: | |
| | 3. Mailing Address: | | |
| | 4. Date of Birth:/ 5. Date of the | current injury/illness:/ | |
| | 6. Current injury/illness, including all body parts injured:_ | | |
| | 7. Your legal representative's name and address (if any): | : | |
| | Check here if you allow your health care provider(s) to | o release mental health care information. | |
| В. | YOUR HEALTH CARE PROVIDER(S) (List all health care providers who treated you for a <i>previous</i> injury to the same body part or simila illness. If more than 2 providers attach their contact information to this form.) | | |
| | 1. Provider: | 2. Phone Number: () | |
| | Mailing Address: | | |
| | 4. Other provider (if any): | 5. Phone Number: () | |
| | 6. Mailing Address: | | |
| C. | READ AND SIGN BELOW. I hereby request that the health care provider(s) listed above give my employer's workers' compensation insurer copies of all health records related to any previous injury/illness, to all body parts, described above. | | |
| | Claimant's signature (ink only use blue ballpoint pen, if po | ossible.) Date | |
| | If the claimant is unable to sign, the person signing | g on his/her behalf must fill out and sign below: | |
| | Your name Relationship to Claimant | Signature (ink only use blue ballpoint pen, if possible.) Date | |